



Penn Station Athlete of the Month – October 2022

Presentation Date: TBD

Student(s): Garrett Sass

GPA: 3.85

School:

Chaminade-Julienne Catholic High School
505 S Ludlow St
Dayton, OH 45402

Athletic Director: Anthony Turner

Parents: Chad & Melissa Sass

Sibling(s): Lauren

Favorite Penn Station Restaurant: Huber Heights location

Favorite Penn Station Sandwich: Dagwood Turkey

Sport(s): Lacrosse, Soccer

Extracurricular Activities: National Honor Society, Eagle Ambassador, Golf

Role Model: My dad

Sports Hero: Joe Burrow

Greatest Achievement So Far: 2nd Team All-State Lacrosse, 1st Team All-Region Lacrosse.

Plans After High School: After graduation, I plan to attend college to study either something in the medical field or business.

How has participating in high school athletics benefited you? I have grown into a better leader and person and have made tons of new friends and relationships because of lacrosse and soccer.

What made you decide to play the sport for which you were named the Penn Station Athlete of the Month? I decided that baseball wasn't for me, and a friend suggested that I try lacrosse.

Quote from Head Lacrosse Coach: "Garrett is a great young man off the field, and a very exciting player on the field. He's shown the capability to truly take over a game with strong stick skills, good speed, and a solid lacrosse IQ." – Jason Dembiczak



Quote from Principal: “Garrett embodies the leadership and faith development that we hope every CJ student aspires to attain. This, along with his athletic and service achievements, make him a remarkable young man.” – Greg Mueller